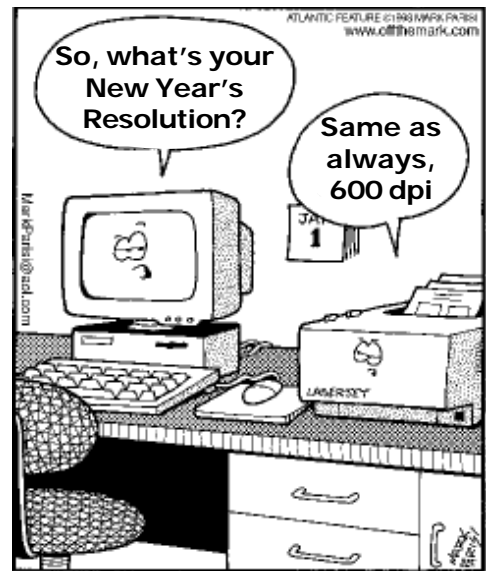


# January 2005



## The Month After Christmas

Twas the month after Christmas, and all through the house  
Nothing would fit me, not even a blouse.  
The cookies I'd nibbled, the eggnog I would taste  
All the holiday parties had gone to my waist.  
When I got on the scales there arose such a number!  
When I walked to the store it was less a walk than a lumber.  
I remembered the marvelous meals I'd prepared;  
The gravies and sauces and beef nicely rare,  
The wine and the rum balls, the bread and the cheese  
And the way I'd never said, "None for me, please."  
As I dressed myself in my husband's old shirt  
And prepared once again to do battle with dirt—  
I said to myself, as only I can  
"You can't spend another winter disguised as a man!"  
So — away with the last of the sour cream dip,  
Get rid of the fruit cake, every cracker and chip  
Every last bit of food that I like must be banished  
Till all the additional ounces have vanished.  
I won't have a cookie — not even a lick.  
I'll chew only on long celery sticks.  
I won't have hot biscuits, or corn bread, or pie,  
I'll munch on a carrot and quietly cry.  
I'm hungry, I'm lonesome, and life is a bore  
But isn't that what January is for?  
Unable to giggle, life's no longer a riot.  
Happy New Year to all and to all a good diet!  
~Author Unknown



## Wintertime Humor

Where does Frosty the Snowman keep his money? **Answer:** In a snow bank.

How does Mickey Mouse get around during the winter? **Answer:** Mice skates.

What is Frosty's favorite breakfast cereal? **Answer:** Snow Flakes.

What kind of food do you get when you cross a blizzard with a polar bear? **Answer:** A brrrr-grrrr! (burger)

What would a Japanese tourist in Alaska wear? **Answer:** An Eskimono.

What does Frosty the Snowman take when he gets sick? **Answer:** A chill pill.

What do you call a polar bear that steals icebergs from other polar bears? **Answer:** An ice-burglar.

What happens when Frosty the Snowman gets dandruff? **Answer:** He gets snowflakes.

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hot off the laser



## Attainable New Year's Resolutions

Are you sick of making the same resolutions year after year that you never keep? Why not promise to do something you can actually accomplish? Here are some resolutions that you can use as a starting point:

1. Gain weight. At least 30 pounds.
2. Stop exercising. Waste of time.
3. Read less. Makes you think.
4. Watch more TV. I've been missing some good reality shows.
5. Procrastinate more. Starting tomorrow.
6. Not date any of the Baywatch cast.
7. Spend more time at work, surfing the internet.
8. Take a vacation to someplace important: like, to see the largest ball of twine.
9. Not jump off a cliff just because everyone else did.
10. Wait around for opportunity.
11. Not have eight children at once.
12. Forget the health food, I need preservatives!
13. Start being superstitious.
14. Focus on the faults of others.
15. Not wrestle with Jesse Ventura.
16. Not bet against the Minnesota Vikings.
17. Buy an '83 Eldorado and invest in a really loud stereo system.
18. Get the windows tinted. Buy some fur for the dash.
19. Speak in a monotone voice and only use monosyllabic words.
20. Only wear jeans that are 2 sizes too small and use a chain or rope for a belt.
21. Spend my summer vacation in Cyberspace.
22. Not eat cloned meat.
23. Create loose ends.
24. Get more toys.
25. Get further in debt.
26. Not believe politicians.
27. Break at least one traffic law.
28. Not drive a motorized vehicle across thin ice.
29. Avoid transmission of inter-species diseases.
30. Avoid airplanes that spontaneously drop 1000 feet.
31. Stay off the MIR space station.
32. Not get any body piercings.
33. Get wired with high-speed net connections at home.
34. Not swim with piranhas or sharks.
35. Spread out priorities beyond my ability to keep track of them.
36. Never make New Year's resolutions again!



## Good Ol' Technology



Last month my wife and I purchased a new computer. We ran into some difficulties while setting it up so we called the customer support phone number we found in the manual.

I picked up the phone and called the number. A man answered the phone and I explained the problem to him.

He began rattling off computer jargon. This confused us even more.

"Sir," I said politely, "Can you explain what I should do as if I were a small child?"

"Okay," the computer support guy said, "Son, could you please put your mommy on the phone?"



## Great Truths to Remember for New Year

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always catch the second person.
- 4) You can't trust dogs to watch your food.
- 5) Time may be a great healer, but it's a lousy beautician.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) Middle age is when you choose your cereal for the fiber, not the toy.
- 11) Raising teenagers is like nailing Jell-O to a tree.
- 12) Wrinkles don't hurt.
- 13) Families are like fudge...mostly sweet, with a few nuts.
- 14) Today's mighty oak is just yesterday's nut on the ground.
- 15) Laughing is good exercise. It's like jogging on the inside.

